

Appreciative April 2022

Embrace a life of being thankful in all circumstances

“Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.

– William Arthur Ward

Regular Community Activities



Selhurst Food Bank & Community Kitchen:
Every Tuesday at 6pm – 7:30pm

ONLINE EVENTS



Women’s Forum:
First Monday each month at 7pm – 8pm



Bible Book Club:
First and last Tuesday and Thursday each month at 7pm – 9pm



Prayer Session:
Every Wednesday at 8pm



Natural Cosmetics Workshop: First Thursday each month at 7:30pm – 8:30pm



Online Worship Experience:
Every Saturday from 10am

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

3 Consider how showing gratitude makes you a lovely person to be around

4 Be a helping hand to someone today even if it brings no reward

5 **Read James 1:17:** Remember every good and perfect gift is from God

6 Show appreciation – it can make a day and even change a life

7 **Read Ephesians 4:23:** Discover the key to having the right kind of attitude

1 Thank someone and tell them how they make a difference in your life

2 See the upside in a difficult situation that has helped you to grow

8 Thank people who do things for you, but who you may have taken for granted

9 Decide to be thankful for the good things every day

10 **Read Colossians 3:12–17:** Think how good acts and thankfulness bring peace

11 As you go through your day, find ways to appreciate the ‘common’ things you take for granted

12 Turn a negative into a positive. See the difference it makes in your life

13 Give thanks in all circumstances **1 Thessalonians 5:18**

14 Make a list of things to thank God for like life, a home, clean water, etc.

15 **Read John 3:16:** Give thanks for the great sacrifice Jesus made on our behalf

16 When you pray, say “thank you” before you start making your requests

17 Write a thank you note, text, email to a loved one

18 **Read Job 1:21:** Bless and worship God whether He gives or takes away

19 Focus on what is good in your life and give thanks

20 Text a friend to see if they need help with anything

21 **Read Proverbs 27:9:** Be thankful for the good friendships you have

22 Reflect on ungrateful ways and banish them from your thoughts

23 **Read Philippians 2:4:** Make an effort to do more for others

24 Find ways to use the abilities God has given you to help others

25 Start jotting down a few good things God is doing for you each day

26 Thank God every day for His enduring mercies **Psalms 136**

27 Recognise that trials gracefully endured develop strength of character

28 Look for something to be thankful for where you least expect it

29 Do to others as you would want them to do to you **Luke 6:31**

30 Recognise how blessed you are on a daily basis

NOTES