

# Do Good December 2022

Light up December with daily acts of kindness



Look for ways to brighten someone else's life and it will brighten your day.

- Anonymous

## Regular Community Activities



**Selhurst Food Bank & Community Kitchen:**  
Every Tuesday at 6pm – 7:30pm

### ONLINE EVENTS



**Women's Forum:**  
First Monday each month at 7pm – 8pm



**Bible Book Club:**  
First and last Tuesday and Thursday each month at 7pm – 9pm



**Prayer Session:**  
Every Wednesday at 8pm



**Online Worship Experience:**  
Every Saturday from 10am

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Today do something to make life easier for someone else	2 Do something supportive and friendly for your colleagues	3 Do to others as you would want them to do to you Luke 6:31
4 Reach out to those who are lonely and show that you care	5 Thank people who do things for you; remember to not take them for granted	6 Read Romans 12:9-10: Focus on doing good and being kind to others	7 Support a charity, cause or campaign you really care about	8 Congratulate someone for an achievement that may go unnoticed	9 Focus on the eternal benefits of giving Matthew 6:3-4	10 Consider what you have that someone else needs and offer help
11 Take advantage of every opportunity to be a blessing to others Galatians 6:10	12 Join or start a group that commits to help certain people on an ongoing basis	13 Take time to forgive someone who hurt you in the past	14 Read Matthew 5:7: Blessed are the merciful: for they shall obtain mercy	15 Notice when someone is down and try to brighten their day	16 Remember the people whom the Lord has used to bless your life	17 Be completely humble, gentle & patient, bearing with one another in love Ephesians 4:2
18 Buy some extra items and donate them to a local food bank	19 Read Proverbs 14:21: God blesses everyone who is kind to the poor	20 Make or buy gifts to give to people who are homeless or feeling lonely	21 Remember that you could be a blessing in someone else's life	22 Read Philippians 2:4: Make an effort to do more for others	23 Go on a kindness mission. Give your time to help others today	24 Be gracious to those in need and reap the rewards Proverbs 19:17
25 Invite someone over who would otherwise be alone	26 Make uninterrupted time for loved ones	27 Let everything you say be good, helpful and encouraging Ephesians 4:29	28 Send a supportive message to someone who needs a boost	29 Be friendly, especially when your first instinct is to be unkind	30 Read 1 Corinthians 13:4-8: Ponder how love is an action and not a feeling	31 Plan what extra acts of kindness you will do in 2023

### NOTES