

# Joy-of-the-Lord July, Find Joy in Eternal Things

SUN

MON

TUE

WED

THU

FRI

SAT



1  
Meditate on  
Colossians 3:2

2  
Make a list of Godly  
desires

3  
Make a list of your  
earthly desires

4  
Make a list of your  
Godly habits

5  
Make a list of your  
earthly habits

6  
List 3 habits you'll  
stop to find real joy

7  
List Godly habits  
you'll start for real joy

8  
Find 3 Bible verses  
on God's real joy

9  
Find 3 Bible verses  
on worldly joy

10  
Meditate on Matthew  
6:19-21

11  
Read Philippians 4:8  
& 2 Corinthians 4:18

12  
Think about what  
you treasure

13  
Pray for the Fruit of  
the Spirit

14  
Find 3 promises of  
God to live by

15  
Pray for a joyful heart

16  
Find the joy in a trial  
God has allowed

17  
Find the good side of  
a challenging person

18  
Walk in nature &  
count your blessings

19  
Count what you have  
to be joyful for

20  
Help a friend to see  
God's blessings

21  
Read Psalm 16:11  
and Psalm 127

22  
Pray to discern God's  
abundant life for you

23  
Ask God how you can  
bring joy to others

24  
Read Romans 14:7  
& Philippians 4:4

25  
List your worries &  
give them to God

26  
Read Hebrews 12:2

27  
Spend time in nature,  
giving God thanks

28  
Make time for a  
friend who needs joy

29  
Read Psalm 30:5

30  
Create space for  
family time

31  
Meditate on John  
10:10

